

Child and Adolescent Studies

This interdisciplinary minor is for students who want to focus their career on working with youth. This minor will focus on child development, health of the child and adolescent, and techniques for working with all youth. This minor may be of interest to students in social work, sociology, nursing, healthcare navigation, education, criminal justice, psychology, or business (marketing, communication, etc.).

Child and Adolescent Studies Minor

EN 140	Introduction to Diversity Studies	3
GS 255	Child and Adolescent Health	3
PS 124	Developmental Psychology	3
SO 122	Introduction To Sociology	3
Select two of the following:		6 - 9
CJ 228	Juvenile Justice	
ED 143	Child and Family Nutrition	
ED 253	Educational Psychology	
ED 263	Educating the Exceptional Person	
NU 350	Challenges Along the Journey: Interventions for Core Body System Alterations ¹	
or NU 352	Challenges Along the Journey: Intervention for Alterations in Regulatory and Protective Mechanisms	
PS 215	Adolescent Psychology	
SO 202	Marriage and Family	
SW 235	Family Child Welfare	
SW 245	Basic Helping Skills	
SW 250	Human Sexuality	

Total Hours 18-21

¹ This will only count as one elective. The nursing student will still need to choose a second elective.